

Message from Master P. Kumar to Sudama – Buenos Aires 25th August , 2015

My very deep thankfulness for having heartily invited me to come to Sudama again. Every time I am in Argentina, I am in Sudama. It is a group that is rendering service from the heart and it is very natural to listen from brother Maximo that he will continue to open his heart to service.

The Purpose of heart service is that we continue offering our hearts to the Divine Plan. It is not that we work for the Plan from a mental attitude, it is offering for the Plan which is more important. The Plan works and it transforms us. The Plan cannot function unless we offer ourselves from the heart. The Plan does not require heads, it requires hearts; because working with the head is one thing but working with the hearts is another thing. Working with the head means doing things as we understand that they are, as we think the Plan functions. Working for the Plan with the heart means opening ourselves so that the understanding of the Plan comes through us. The Plan happens, the Plan is fulfilled and then one understands how beautiful it was.

We are ignorant if we think we are handling the Plan. The right understanding is to know that we should be handled by the Plan. The Plan should handle us, we should not handle it. When we have more mind, we think we understand the Plan and that we are handling the Plan. That does not allow the Plan to be fulfilled. As long as we keep offering ourselves to the Plan, the Plan functions through us, it repairs us, it rejuvenates us, it revives us, it resurrects us..

It is the Plan that transforms us, not that we transform ourselves. When we take a shower in the morning, it is the water that purifies us. If we think that we purify ourselves it is ignorance: it is the water that purifies us. It is not that we purify ourselves, that is the subtle difference in understanding between those who follow the Plan and those who think that they are following the Plan. Some people think they are following the Plan, but they are in thinking plan and they are not following the Plan. Some others that follow the Plan and don't even think that they follow the Plan. The Plan drives them. If others are saying that you work for the Plan and asking you if you are working in tune with the Plan, you say "I don't know"

That is the difference between mind and heart. If someone sings well and somebody tells them that he sings very well, the true singer says "I don't know", because he is lost into singing. The one who does not master his singing, thinks he is singing well. The fact that he is thinking he is singing well prevents him from the experience of singing well, so the experience is not complete. If you are eating, in your experience of being eating, if you entertain yourself with the mind, you do not realize that you are eating a good meal. If there is still a little mind left, the experience is not complete. When the sunlight comes after the rain, the joy of the soul is very spontaneous, later the mind comes up and says "“Oh, how beautiful the sunshine is!” Mind reduces the experience. When you are experiencing something, the mind remains in it, so your experience is incomplete. Pure experience is there, where you are. When you surrender to the experience, then the experience is complete. Later when you get back to mind, it is an incomplete experience. When we see very beautiful things in nature, we are absorbed by the beauty in it. Only the one who is not so completely absorbed, speaks of the beauty of nature To speak about beauty is to escape from experience. Pure experience is

a happening from the heart, it happens from the heart and the mind is absorbed by the heart. That's why most of the times when service is happening, there is no why, there is no how, because you are in it. For the one who is in service, all is put into service. He is not in the thought of "How much service I have done" "How much service I have to do" "How long I have to serve" It is in his nature. I will give you an example so that you can understand better. There was a singer. When he sings he forgets about himself. When he sings he forgets about himself because he is so fused into his singing.

So there was a singer who sang and forgot about himself. The animals around also listened to him and were absorbed by his music. The birds, were also absorbed – the plants too and the people who passed by and listened to him were also absorbed by his music. But he didn't know that all this was happening, he was not there, only the music was there. Slowly his music was known in the higher circles. There was a grand master of Music who is well-known all over the Universe, he is the Grandest of all Masters of Music. He came to know that there was a person on earth whose music absorbs animals, plants, birds, all his surroundings. It is all like a state of bliss in the whole experience. He wanted to visit this person, he came from the higher circles to the physical plan. The grand Master always carried a musical instrument with him. He came with this musical instrument, visited this person and he was able to see how this person sang and created harmony around him . The musician said "I don't know. I start singing and I'm gone. If all this happens, I don't know. If the birds listen to my music, I don't know. I don't even know if the animals listen to my music, I don't know that people have known my music. I only know one thing: the moment I start singing, I'm gone". Then the Master of Music said: "You sing, I want to listen" But the musician said: "You are the Master, how can I sing in front of you? You are the greatest Master of Music in the entire Universe and you come to me and ask me to sing? I'm such a small humble person and You are the grand master of Music, What is that I can sing in front of You? The whole world would like you to sing. You sing and I will listen, Master.

But the Master said: "No, no. I have come to hear you sing".

The master had placed his instrument on a side table. He told the musician: "You sing, that I'll listen. Because I have come from the higher plans only to listen to you.

So the musician started singing and the Master himself got lost in that music. The musician also lost himself into his singing and went on and on... After that, the master came back to conscience and saw that the musician continued. He waited for some time and the musician had not finished his music yet, even if he said hello, he could not hear him. The Master said he had never listened to such music. "Let me now go" He wanted to take his musical instrument, but the wood melted and the instrument got stuck on the table. How could he take it? Even stone and wood became soft with the music of the musician. The Master couldn't leave because his instrument was stuck to the table. After a long time the musician went back to normal so the master took a long breath and said. "Thank you, you have stopped. It is beautiful, I've never heard such music. The music is so absorbing that all the surroundings were fused, absorbed by your music. Even this wooden table was absorbed and my instrument is stuck. Such is the beauty of your music" The Master asked the musician how he could take the musical instrument. The musician said: "I don't know" Then the Master said: " I think the best way is that you sing again" So, the musician was singing again and again things started to melt and when the table was melting down, the Master was able to take his musical instrument. The musician was again into his singing, so the Master left.

After some other time, he came back to the musician and said: “ I couldn’t say goodbye to you, because I didn’t know when you were coming back from your music. Therefore I left without saying goodbye to you. I only came to say goodbye. I’m very sorry for not having said goodbye. But Your music is “the” music.

Such is the service. The people who are serving don’t feel they are serving. As the musician does not feel that he is singing. When we are conscious of every little act we do, we are doing it with more mind than any other thing, the mind is present, not the heart. In pure experience from heart there is no mind. During that moment, mind disappears. After, the mind comes back. When you do service, during service the mind is not there. Only after rendering service the mind comes back and says “Wow! So much can be done!?” The mind is absent when the experience is at its highest. It exists before, it exists after, but not during the pure experience. For those who are in service there is no feeling that they are serving, so service happens in its completeness and produces the elevations of those who are in service: the person who gives and the person who receives the service. It is all one experience.

Later the mind comes, reminding the person of the past, thinking about the future. Therefore, service is a joyful experience where mind does not exist. It exists before, it exists after, but not during. That is the reason why again and again people like to do service. That is the reason why again and again they care for service... only because it gives us the joy of the soul. Service is the natural functioning of the soul, that’s why service continues. Wherever there is an open heart, the service starts functioning. Service always looks for open hearts. Heart is not the physical heart, the heart is the quality of the soul that expresses. The heart is so that the soul can express. As long as the soul wants to express, the heart functions. Our longevity does depend on the soul. When the soul decides to express, the body obeys: the life principle has to obey the soul and not interfere/ come in the way. When the soul decides to function, life cannot say no, the body cannot say no. When the soul decides to return, life cannot say no, the body cannot say no. The Soul is the Supreme Master. When the soul decides, it stays. When the soul decides to go, it goes.

When you are with the service, the soul becomes the dominant factor. The programs of soul are never handled by the functioning of the body, that’s why Sudama continues. As long as there are open hearts, the service continues. When the heart is not open, the service cannot function. It is not that as I don’t have a good heart, I stay at home. I am myself an example of that. After the heart operation I continue working much more than before. Because it is the Soul which decides. The physical plan cannot decide. If the Soul decides, the heart has to function, the body has to function, the life has to function. That is why brother Maximo has nothing to worry about. More service, more life. More service, more longevity. That’s why the Masters continue living in bodies even when their bodies do not look fit. Madame Blavatsky’s body refused to function. her Master said: “The body is no more functioning, please leave the body.” M. B said:” Master, you asked me to complete the book. You wanted me to finish this book, “The secret doctrine”. Your instruction is more important to me: I must complete this book, even if the body does not cooperate, I will not leave the body. Completed the book, only then I will abandon the body

What did the Master say? The body is not cooperating, you’d better come away. Even after the Master’s suggestion M.B said no. “I will complete the service, as long as I want to do the service, the body must obey”. When the higher prevails, the lower must follow. Service is the highest dimension of life. As long as you are with that, the normal wordly health parameters do not apply. The dimension of

service must be known. The message for Maximo is to continue opening his heart to service, that neither our minds, nor our bodies come in the way of Soul service. Not because it rains we stop doing our job, even it is difficult we do not stop doing it. When the soul decides, everything else follows. Sudama is service, it will surely continue for many generations. Service always finds its ways, its channels to continue its work on the planet. And as long as we stand open to the spirit of service, we are safe.

Let there be so with all the members of Sudama. Thank you...



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